## INFP

## THE IDEALIST

Introverted iNtuitive Feeling Perceiving Energy Style Cognitive Style Values Style Life Style

- composed, self-reliant, reserved, thoughtful
- creative, imaginative, idealistic, innovative
- empathetic, sensitive, ethical, authentic
- flexible, accepting, tolerant, open-minded

## **Famous INFP's**



Allama Iqbal In a Nutshell



Atif Aslam



Ashfaq Ahmed



INFPs are imaginative idealists, guided by their own core values and beliefs. To a Healer, possibilities are paramount; the realism of the moment is only of passing concern. They see potential for a better future, and pursue truth and meaning with their own individual flair.

INFPs are sensitive, caring, and compassionate, and and are deeply concerned with the personal growth of themselves and others. Individualistic and nonjudgmental, INFPs believe that each person must find their own path.

INFPs are creative and often artistic. They value authenticity and want to be original and individual in what they do. Following tradition holds little appeal for the INFP; they prefer to do their own exploration of values and ideas, and decide for themselves what seems right.

- Empathy
- Depth
- Individuality
- Compassion

## Key Motivators

- Searching for meaning
- Exploring ideas and possibilities
- Understanding the needs of others
- Encouraging personal development