

An hourglass is shown in the background, with the top bulb containing a dark liquid and the bottom bulb containing a lighter, golden-brown liquid. A horizontal wooden brushstroke is positioned across the top of the hourglass.

KNOWYOURSELF.PK

DISCOVER YOURSELF

PERSONALITY PROFILE

**VALUES & PRIORITIES
OF ESFP**



Knowyourself.pk

VALUES & PRIORITIES OF ESFP

REALISTIC ADAPTERS in human relationships, friendly and easy with people, highly observant of their feelings and needs; oriented to practical firsthand experience. Extraverted SENSING being their strongest mental process, they are at their best when free to act on impulses, responding to needs of the here and now. They value:

- An energetic, sociable life, full of friends and fun
- Performing entertaining, sharing
- Immediately useful skills; practical know-how
- Learning through spontaneous, hands-on action
- Trust and generosity; openness
- Patterning themselves after those they admire
- Concrete, practical knowledge, resourcefulness
- Caring, kindness, support, appreciation
- Freedom from irrelevant rules
- Handling immediate, practical problems and crises
- Seeing tangible realities: least-effort solutions
- Showing and receiving appreciation
- Making the most of the moment; adaptability
- Being caught up in enthusiasms
- Easing and brightening work and play

This content has been written by Jane Hardy Jones & Ruth G. Sherman